

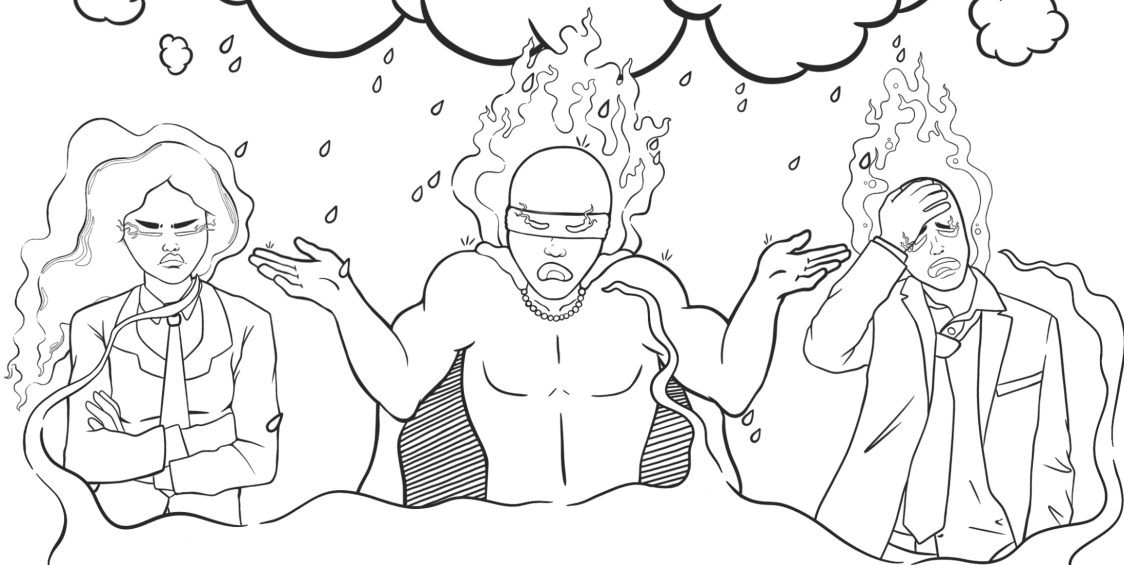
With the EMOMASTERS
you've got the power to transform
any challenge into your greatest
strength.



EmoMasters™

LET'S FACE IT...

LIFE ISN'T FAIR



Things happen that you can't control.

Your **SUCCESS** depends on how well you handle those challenges.

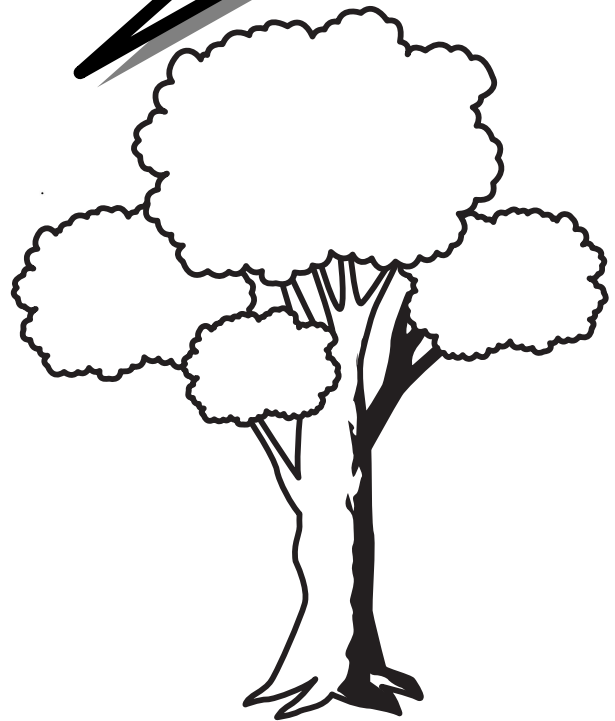
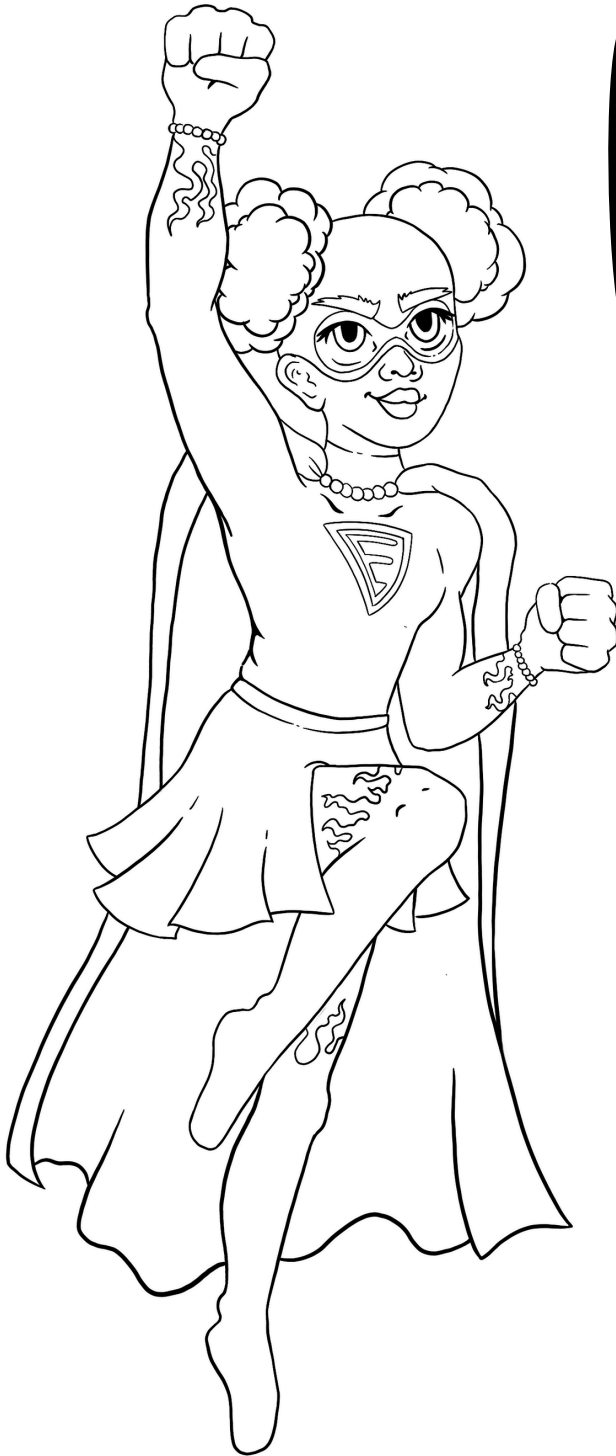
WHAT CAN EMPOWER YOU?



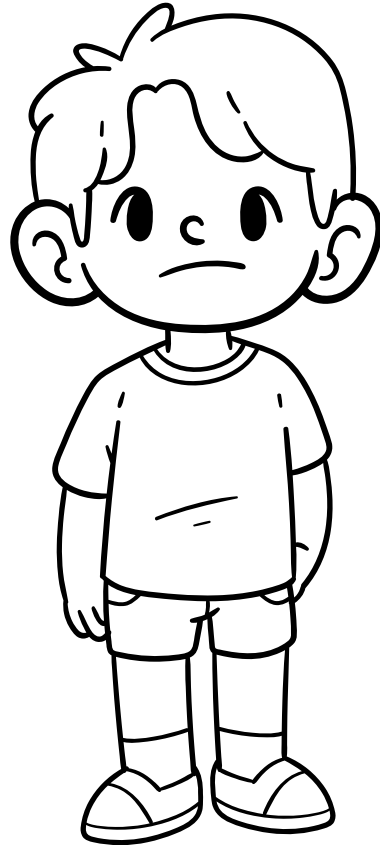
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Graphic Artist: JACKIE HERNANDEZ

Emotress says:

Feel deeply, listen closely, and empower yourself with understanding.



Sometimes you're going to feel down. It's because you're human.



Feel it, face it, master it—the EMOMASTERS are always by your side.



Sereni Star



Motion



Pulse



Emotress



Calm Knight

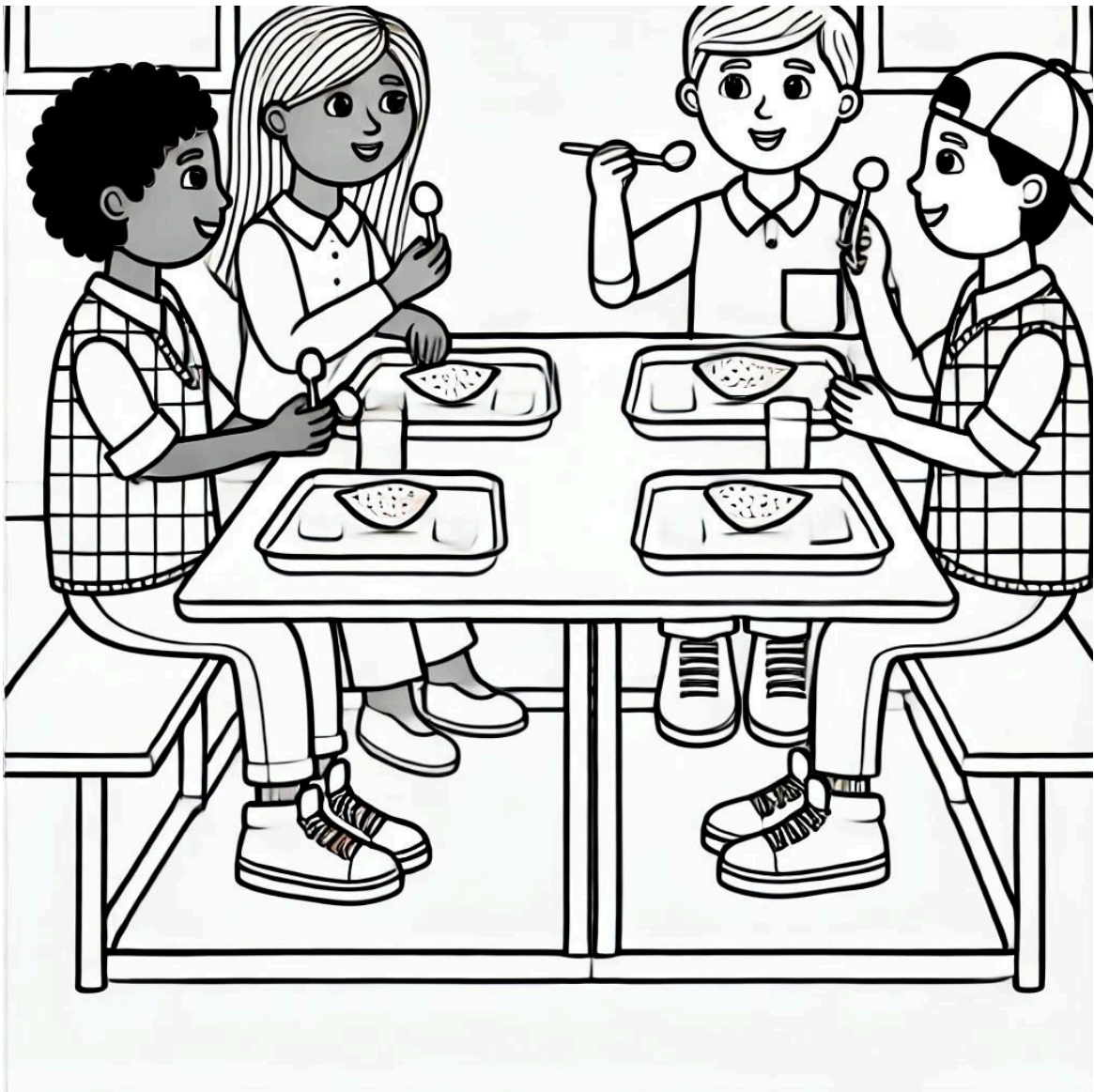
Stuff Happens



When chaos comes, SereniStar reminds
you to bring the calm.

Look for and Celebrate the Good

Don't ignore the good things in your
life. Be grateful for them.



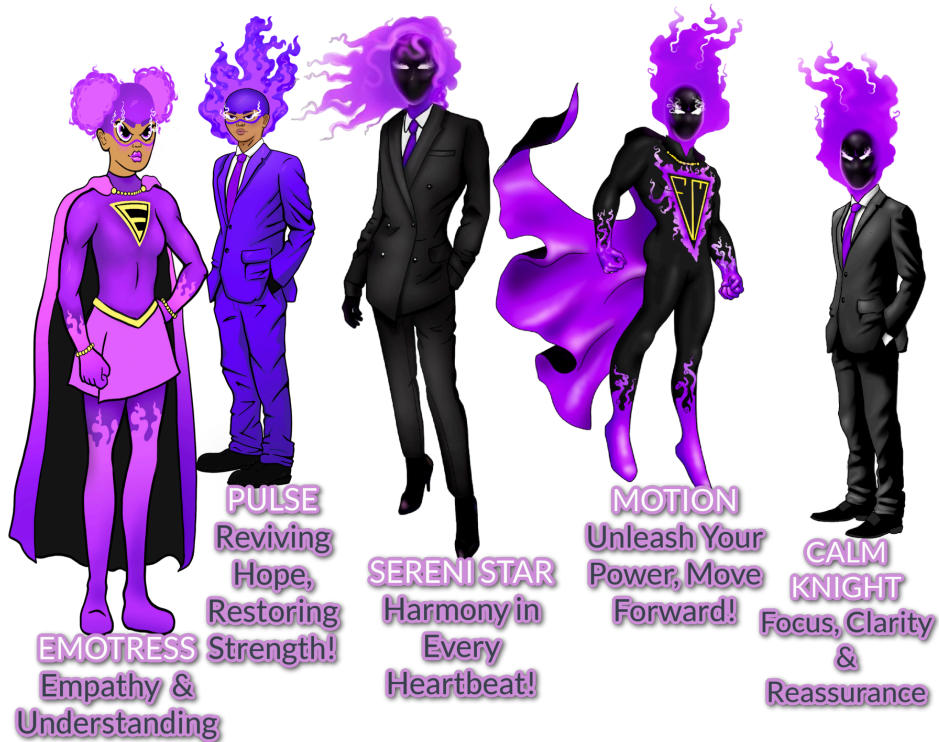
Solving problems is like doing a puzzle.



Having all the right pieces makes it
easy and fun.

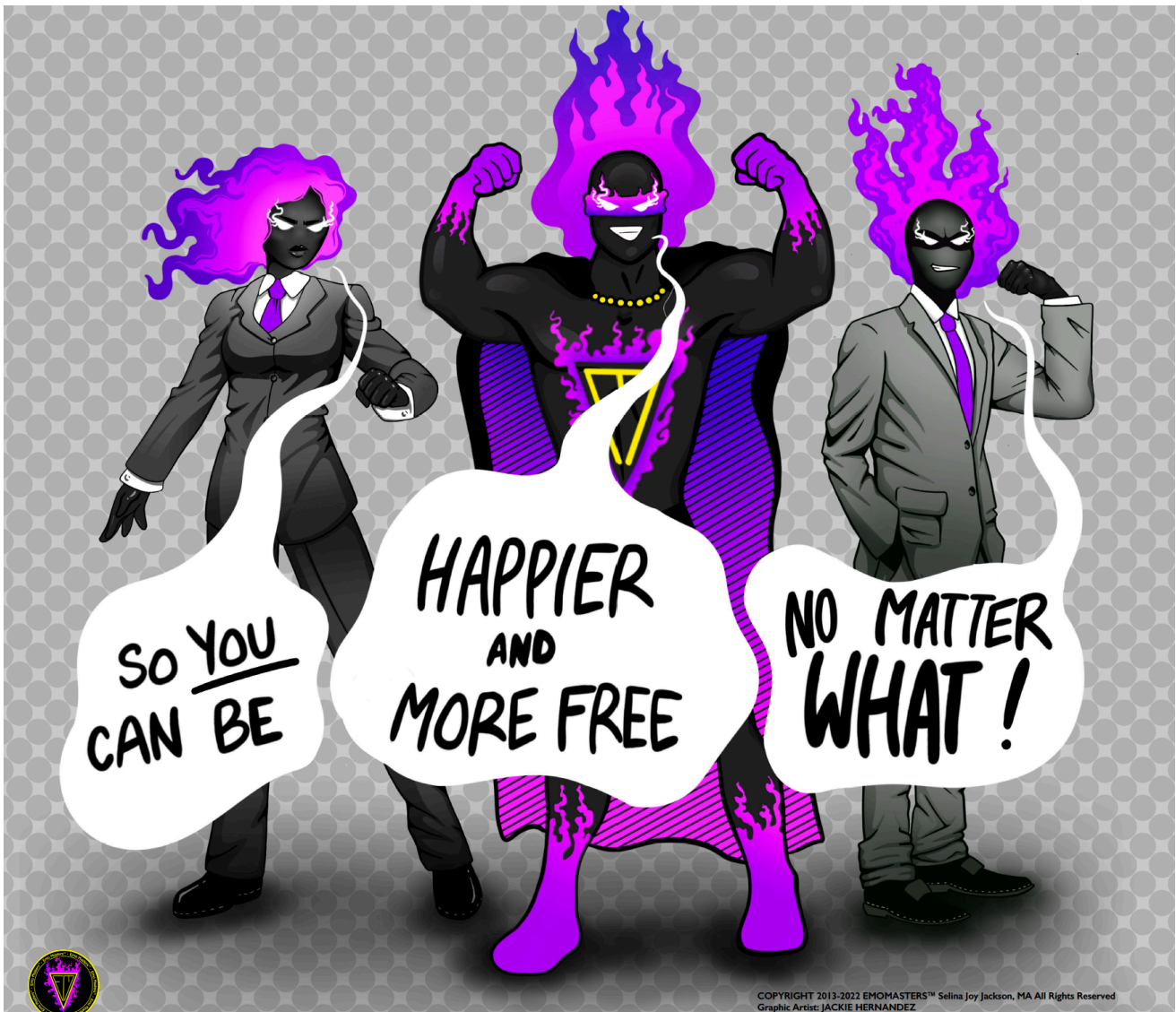
What is a challenge you've been facing recently?

Write it down: _____



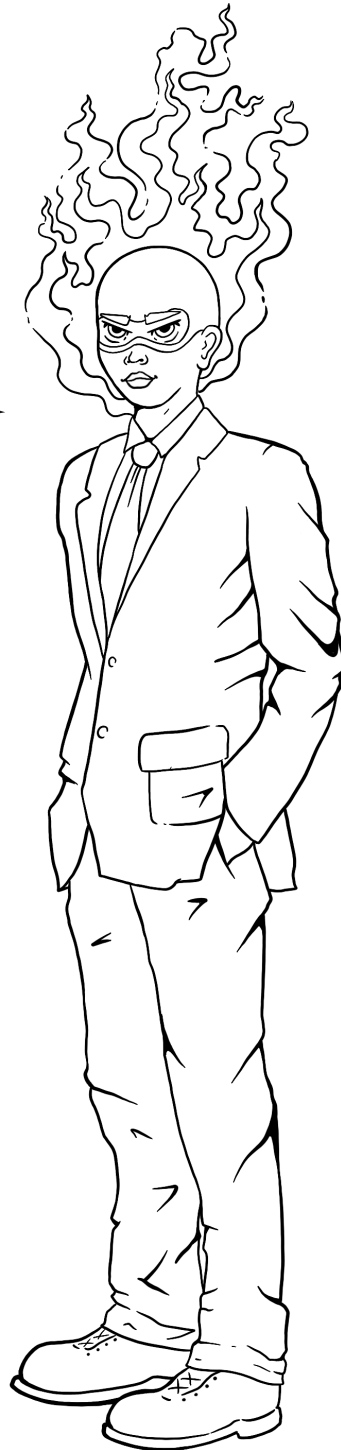
With the EMOMASTERS, you've got the power to transform any challenge into your greatest strength.

What if you choose to exercise your power and ignore distractions today?



The EMOMASTERS believe: Strength grows from balance, focus, and understanding."

You're stronger
than you feel—
revive and thrive!



Pulse



When facing a challenge:

**Turn your energy into action.
Move forward, one step at a
time—you've got this!**



Motion

We can't control things:



Anxiety fades when Calm Knight reminds you to stay centered."



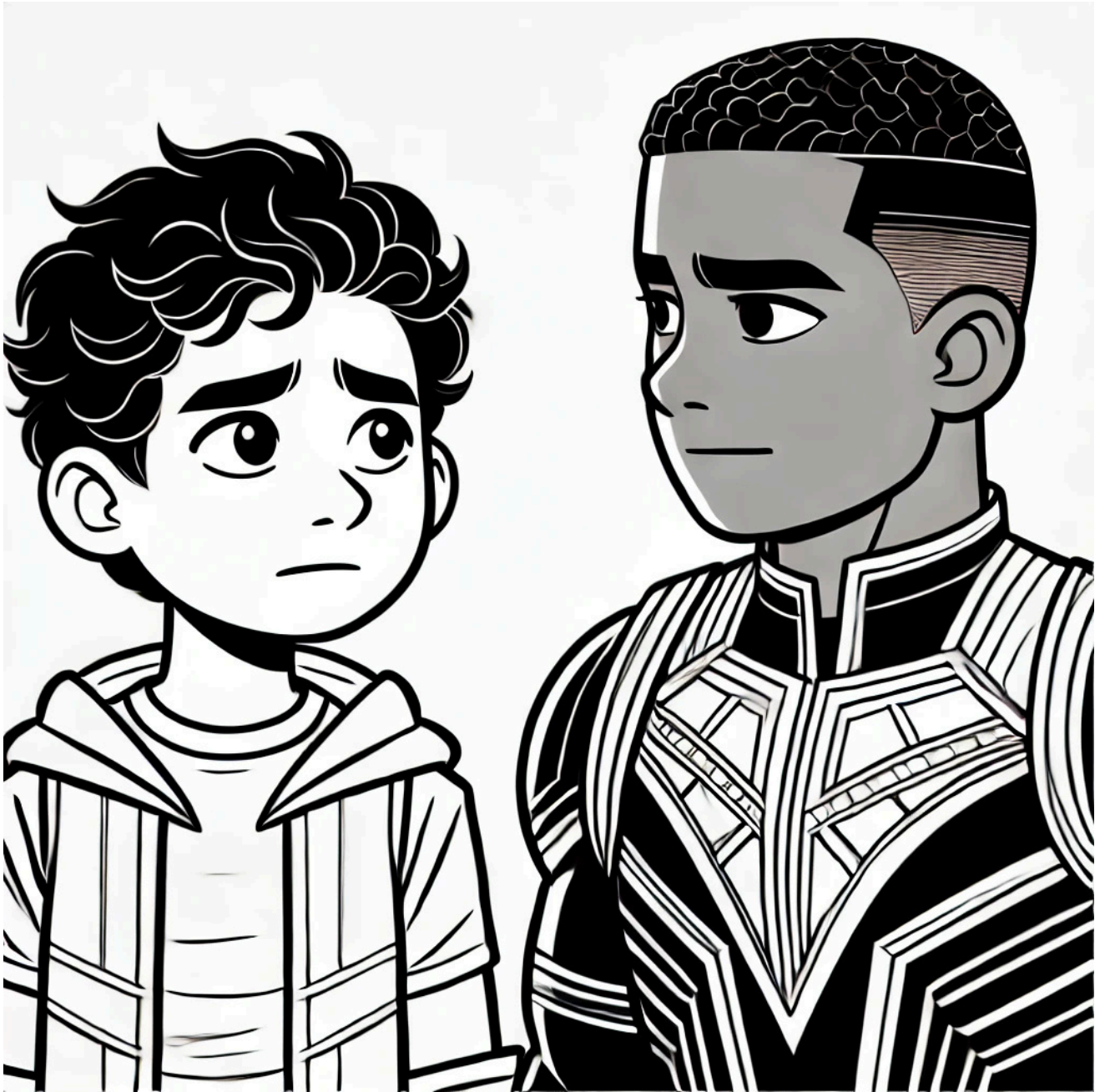
Calm Knight

SereniStar says:

“Breathe and find
your harmony.”



Sereni Star



Pulse

