

PRETEST-Easier Ways to Certainly Create Optimal Learning for All of Your Students

1. Name at least three cognitive blocks to optimal learning?

a. _____

b. _____

c. _____

2. List three strategies to overcome those psychological barriers

a. _____

b. _____

c. _____

STEP THREE: YOUR FUTURE USE

WRITE: If you knew that there is a way to certainly get optimal learning from your students now, how specifically would it be useful for you in your classroom?

This would be useful in my classroom because-

How Learning Occurs in Short-Term and Long-Term Memory

1. How does motivation affect our memory? Give an example of how your motivation helped you to remember something important.

2. If you wanted to motivate your students to remember important content, like remembering PEMDAS, how would you do that?

3. If you want your students to remember something beyond studying for a test, how would you assure that what they are learning goes into long term memory?

What Prevents Learning- True or False

1. Whether a student likes or dislikes a subject or topic has no effect on their learning. _____
2. Teachers' expectations for their students can be colored by things outside of their awareness. _____
3. Students will respond to their teacher's subconscious expectations regarding their success or lack of success. _____
4. How a teacher feels about teaching, how they feel About their school or their school climate can impact how their students learn. _____
5. If a student dislikes math in fifth grade they will dislike Math forever. _____

Short Answer: Reflection- Save this for an upcoming activity.

1) Choose a subject (i.e., math, ELL, Science, etc.) and describe what you can do to make that particular subject attractive and important to all of your students?

2) Think about one thing, a concept, a passage, a poem, or a theorem you had difficulty mastering. Write here why you feel that you struggled with this learning.

3) How does mood affect memory?

4) What is one way you help students build pleasant memories about their learning?

For the answers and how to apply them so you and your students can feel more productive, more effective, and more confident, [Go Sign Up For Super Learning Breakthroughs Now and Explore Your Satisfaction. Click Here.](#)